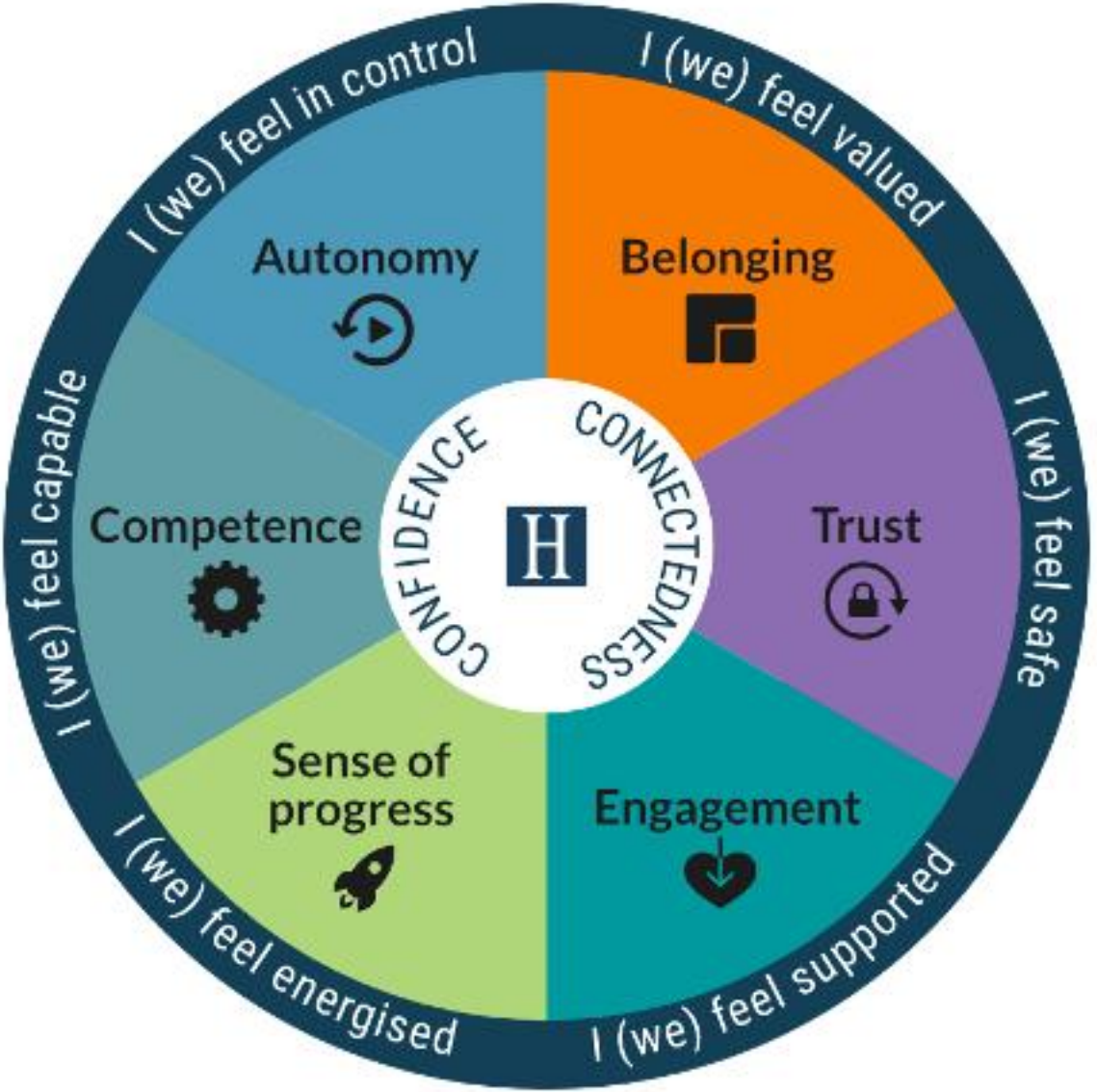
I (we) feel in control
I (we) feel valued
I (we) feel safe
I (we) feel supported
I (we) feel energised
I (we) feel capable
Autonomy
Belonging
Trust
Engagement
Sense of progress
Competence
CONFIDENCE
CONNECTEDNESS
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